Tips for Bicycling in Monterey County

✓ Routes, maps, suggested rides (for various fitness levels and time frames)
✓ Bike-and-ride options (the bus—and other transportation—for people and their bikes)
✓ CA bike laws and personal safety tips for children, teens, adults
✓ Bike tips for elementary, middle, high schools, and local colleges
✓ History spots, shopping, worship, wineries, farmers markets, more
✓ Bike valet service, and other bicycle parking; bike security tips
✓ Local bike shops, services, clubs, group rides, other resources
✓ Rental info (for beginning bikers to conditioned racers, from infants to elders)
✓ Maintenance and repair (where to get help seven days a week, plus DIY tips)
✓ Shower locations for bike commuters and day visitors
✓ Volunteer opportunities, including improving bike infrastructure

Established 2009 by Mari Lynch, a county resident since 1981, the Bicycling Monterey website and projects are provided as a public service. Not online? Questions? (831) 375-6278

BikeMonterey.org

Also available: Un poquito de información en español sobre las bicicletas: http://marilynch.com/blog/resources/en-espanol