



# The Monterey Lightfighters Mountain Bike Team



*The Monterey Bay Lightfighters are a competitive mountain bike race team that any high school student in the Monterey area can join. We are a “composite” team that currently consists of 20+ student-athletes from Monterey, Carmel, Pacific Grove, Monte Vista and Trinity high schools in addition to several homeschooled athletes.*

## **Our Mission:**

*The team exists to foster friendship, healthy living, environmental advocacy, and a love of cycling through competitive cross country mountain biking.*

## **Coaching:**

*Our coaches, ride leaders and helpers are all volunteers. We are involved because we are passionate about cycling and have seen and experienced the benefits of this sport. We work ambitiously toward a future where more young people are getting on bikes and getting outdoors.*



# Our League

The Monterey Bay Lightfighters compete in the NorCal High School Cycling League. We race five races every spring and compete against student-athletes from roughly 35 other teams that are based in Northern California. Last season over 1200 athletes participated in NorCal League races. We also compete in the state championship race that features 70 teams from all over the state. NICA is the national parent organization



*The NorCal High School Cycling League was organized in 2001 to provide competitive mountain biking programs for students in grades 9 to 12. With the cooperation of local race organizers, our partners, and our sponsors we are able to provide a high quality mountain racing experience. Regardless of ability level, the NorCal League is committed to providing a positive experience for all student-athletes.*

*<http://www.nationalmtb.org/>*



National  
Interscholastic  
Cycling  
Association

*The NorCal High School Cycling League is sanctioned by the National Interscholastic Cycling Association (NICA). Founded in 2009, the National Interscholastic Cycling Association (NICA) develops high school mountain biking programs for student-athletes across the United States. NICA provides leadership, services and governance for local leagues to produce quality mountain bike events, and supports every student-athlete in the development of strong body, strong mind and strong character through their efforts on the bike. <https://www.norcalmtb.org/>*



# Our Team

*"We are a group of approximately 20 highly motivated riders. The team is Coed with a range of skill levels and ages ranging for 14 to 19 years old. We have a long track record for being very competitive in our league while building physical strength and long lasting friendships"*



## Team Highlights – Undefeated in 2018 AND State Champions!

### Northern Cal Team Ranking

1<sup>st</sup> Place Division II Team 2018

2<sup>nd</sup> Place Division II Team 2017

1<sup>st</sup> Place Division II Team 2016

### State Championship Team Ranking

1<sup>st</sup> Place Division II Team 2018 (75 teams)

3<sup>rd</sup> Place Division II Team 2017 (70 teams)

1<sup>st</sup> Place Division II Team 2016

### Northern Cal Individual Season Ranking

1<sup>st</sup> Place Freshman Girls

2<sup>nd</sup> Place D2 Freshman Boys

5<sup>th</sup> Place D2 Sophomore Boys

1<sup>st</sup> Place D2 JV Boys

3<sup>rd</sup> Place D2 JV Boys

4<sup>th</sup> Place D2 JV Boys

5<sup>th</sup> Place D2 JV Boys

2<sup>nd</sup> Place D2 Varsity Girls

3<sup>rd</sup> Place D 2 Varsity Girls





# Coaching Staff

**Todd Roberts**  
**Head Coach**  
Years coaching: 6

**Coaching Credentials:**

NICA Level 3 Coaching License  
Trained in Wilderness First Aid  
Lifetime cyclist and action sport enthusiast



**Bill Moritz**  
**Assistant Coach**  
Years coaching: 4

**Coaching Credentials:**

NICA Level 3 Coaching License  
Trained in Wilderness First Aid  
Experienced youth mentor



**Level 2 Coaches and Ride leaders:**

Mike Stewart (Ride Leader)  
Kip Evans (Ride leader)  
Dave Springer (Ride Leader)  
Dave Freeze (Ride Leader)  
Hannah Lawrence (Ride Leader)

**Volunteers**

Karen Davis – Treasurer  
Maggie Akins & Roslyn Springer – Parent Leaders  
Micah Mozal – Bike Shop Support  
TBD - Media Coordinator

***Contact Information:***

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# Our Sponsors



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*Homes & Gardens*

## *This generous Support:*

-  Puts kids on bikes for life
-  Supports our community
-  Helps us to continue to forward our mission
-  Helps kids build strong minds and bodies
-  Helps a kid that can't afford the expense
-  Supports nature and trail advocacy
-  Helps build smart and caring young adults

## *Thank You!*



KDQB