Monterey County shop. At other Soledad Gonzales, Greenfield, Wh Bike Discounts here?

**HER Helmet Thursdays**

**Bike** and get a 10-50% discount. **When?** Thursdays. **Why?** Be a partner in sustaining HER/Mother Earth and the economy. **Where?** At H-E-R businesses and organizations countywide—in Big Sur, Carmel, Carmel Valley, Castroville, Del Rey Oaks, Gonzales, Greenfield, King City, Marina, Monterey, Moss Landing, Pacific Grove, Salinas, San Ardo, Sand City, Seaside, Soledad. **H-E-R stands for:** H=Hotels/other lodging; E=Entertainment venues and Educational attractions; R=Restaurants/other food and beverage service. **How?** At H places, BYOB/Bring Your Own Bike or rent a bike for a day or longer from any Monterey County shop. At E & R places, bike there; then show your helmet, and mention HER Helmet Thursdays.

**Here are the Charter Participants!** Details and additional participants at Bicycling Monterey.com.

Allegro
Aquablue Spa
Austino's Patisserie
Bahama Grille
Bahama Island Steakhouse
Big Sur River Inn Restaurant
Britannia Arms
Breakfast Club
Café Fina
Café La Strada
Café Rustica
Cantinetta Luca
Carmel Belle
Carmel Mission Inn
Carmel River Inn
Central Texan BBQ
China Garden
Cooper’s Pub (formerly Bullwacker’s)
Courtyard by Marriott
Cozumel
Cypress Inn
Domenico’s On the Wharf
East Village Coffee Lounge
El Palomar
El Torito
Ell’s Great American
Em Le’s
Epsilon
Erik’s Delicafé, Seaside
Favaloro’s Big Night Bistro
First Awakenings, PG & Salinas
Fishwife, Monterey
Fishwife, Pacific Grove
Forest Lodge
Forge in the Forest
Fox California Theater
Gilbert’s Seafood Grill
Gino’s Fine Italian
Golden Fish
Great Wall Chinese
Happy Dragon
Haute Enchilada
Henry’s BBQ
Hula’s Island Grill & Tiki Room
InterContinental The Clement Mtry
Island Taco
Jabberwock Inn
Jose’s Mexican, Seaside
Koko’s Café
Krta Thai Café
Kula Ranch
LALLAgrill
LALLA Apoloza
La Plaza Bakery & Café
(a all 6 La Plaza locations)
La Sala’s Bi-Rite Deli
Lamp Lighter Inn
Le St. Tropez
Lemon Grass
London Bridge Pub
Loose Noodle
Lopez Taqueria
Los Laureles Lodge
LouLou’s Griddle in the Middle
Maha’s Lebanese Cuisine
Mariscos’ Seaside
Marisco’s, Soledad
Merlot Bistro
Michael’s Grill & Taqueria, Salinas
Monterey Fireside Lodge
Monterey Hostel
Monterey Hotel
Mountain Mike’s Pizza, Marina
Mountain Mike’s, W. Alisal, Salinas
MY Museum
National Steinbeck Center
Papa Chevo’s, Monterey
Parker-Lusseau, Hartnell, Mtry
Parker-Lusseau, Munras, Mtry
Passionfish
Pepper’s Mexican Café
Persian Grill
Petea
Pico de Gallo
Pierce Ranch Vineyards
Pino’s Café
Plaza Linda
Plume’s Coffee House
Point Pinos Grill
Portabella, Carmel
Red Brick Pizza, DRO
Residence Inn by Marriott
r.g. Burgers, Carmel
r.g. Burgers, Monterey
Rosa’s La Villa Restaurante
Rosie’s Country Store
Round Table, Castroville
Sakura Japanese
San Ardo Café
Sanctuary Beach Resort
Sandbar & Grill
Sapporo Japanese
Scheid Vineyards, Greenfield
Scheid Vineyards, Carmel
Schooners Bistro on the Bay
17th Street Grille
The Spa at Bernardus Lodge
Sweet Elena’s Bakery & Café
Taqueria del Mar
Taste Café & Bistro
Terry’s at the Cypress Inn
Toasties Café

**BicyclingMonterey.com**

**Thank you, Charter Participants.** These are the first 100 (updated for any closures).

There are now over 200 participating! See website listings of all, plus FAQs.

**Add your business or organization to this long-term ecology-economy sustainability project.**

Questions?
Call Mari Lynch.
(831) 375-6278.