*Un poquito de información en español sobre las bicicletas:* <a href="http://marilynch.com/blog/resources/en-espanol">http://marilynch.com/blog/resources/en-espanol</a>

## BicyclingMonterey.com

A Bike Information Hub for Monterey County

Local bike news and resources for anyone who rides any type of bicycle—or may want to!

- CA bike laws and personal safety—for children, teens, adults
- master calendar of countywide bike activities and events
- taking a bike on an MST bus; other bike-and-ride tips
- bike parking and bike security (how to prevent bicycle theft)
- night riding tips, including equipment requirements
- where to ride: bike paths, lanes, routes, and maps
- children and teens section, including bike-to-school info
- school and non-school bike teams and cycling clubs
- bicycle shops, including maintenance/repair and rentals
- HER Helmet Thursdays—discounts for people who bike
- volunteer/community service opportunities
- 30-section local resource list, from Ciclovia Salinas to infrastructure to bike classes to Emergency Ride Home

www.BicyclingMonterey.com

Not online? Questions? Mari Lynch (831) 375-6278

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