



Be cool. ***Know California bike laws. Below are some of them.***

Wonder about **sidewalk** riding, or have other concerns? See tips online, or phone.

1. **Earbuds.** Leave one out. *(Bicyclists may not wear earplugs in both ears, or a headset covering both ears. Hearing aids are allowed. California Vehicle Code/CVC 27400.)*
2. **Alcohol/drugs.** Don't get a BUI! *(Bicyclists may not ride while under the influence of alcohol or drugs. CVC 21200.5.)*
3. **Brakes—BMX, fixies, all bikes.** On CA roads, bikes are illegal without brakes. *(Bicycles must be equipped with a brake that allows...a one-braked-wheel skid on dry, level, clean pavement. CVC 21201(a).)*
4. **Traffic lights.** "Same roads, same rules, same rights." *(Bicycle riders on public roads have the same rights and responsibilities as motorists, and are subject to the same rules and regulations. CVC 21200.)*
5. **Ride in the same direction as traffic.** Bikes travel like cars, **not** like pedestrians. *(Bicyclists on the shoulder of a roadway must ride in the same direction as the traffic. CVC 21650.1.)*
6. **Proper lane usage.** See tips and details online. *(CVC Section 21202 - Operation on Roadway.)*
7. **Permanent seat.** *(The bicycle must have a permanent seat. Passengers must have a separate seat. [Passengers] under four years old, or weighing 40 pounds or less, must be restrained and protected from moving parts of a bicycle. CVC 21204.)*
8. **Helmets for minors.** If you're under 18, not wearing one may result in a ticket. *(Bicyclists and bicycle passengers under age 18 must wear an approved helmet... CVC 21212.)*
9. **Lights, reflectors.** The following equipment is required on bicycles ridden at night *(CVC 21201)*. Local bike shops have great selections. You can also rig up your own lights from inexpensive supplies. See tips online.
 - A white headlight, or white lamp attached to the rider, visible from 300 feet in front of and from the sides of the bicycle
 - A red reflector visible from 500 feet when illuminated by a motor vehicle's headlights
 - A white or yellow reflector on each pedal visible from 200 feet to the front and to the rear of the bicycle
 - A white or yellow reflector on each side of the front of the bicycle, and a white or red reflector on each side of the back of the bicycle, or reflectorized tires

Be safe. ***Follow safe riding practices—and advocate for better infrastructure.***

At BicyclingMonterey.com, learn how to advocate for bike lanes and other improvements. Also on the website: Tips for Bicycling Monterey County, a 20-section guide; local bike shops, services, clubs, and more—a 30-section resource compilation; Master Calendar for Bicycling Monterey County, including activities, events, meetings, and socials, all open to the public; over 200 businesses and organizations with discounts on Thursdays for males and females who bike—the HER Helmet Thursdays Project; and much more.

Questions? Or not online? Call (831) 375-6278

Leyes de ciclismo de California – y más recursos sobre transporte en bicicleta, vaya a <http://marilynch.com/blog/resources/en-espanol>