

FHL's 3rd Annual

Mountain Bike Race

**Saturday, October 20
Begins 9 a.m.
Training Areas 12A, B, & C
Fort Hunter Liggett**

*October is Domestic Violence Awareness Month
Don't turn your back on Domestic Violence!*

www.facebook.com/FHLMWR
www.liggett.army.mil/MWR



Registration Form

Participant's Name: _____

Phone Number: _____ - _____ - _____

(If Applicable) Medical Conditions: _____

(Circle One) Sports Course- 9:10 a.m. Expert Course- 9 a.m.

T-Shirt Size S M L XL 2XL
(Circle One)

In case of emergency, notify: _____

Relationship: _____

I understand that the mountain bike course consists of uneven, hazardous terrain, and the risk of accident caused by me and other riders. My participation is entirely voluntary, and ***I hereby waive release, and discharge any and all claims for damages for personal injury, disability, or property damage of any kind which may hereafter occur to me as a result of my participation in this event.*** This release is expressly intended to discharge in advance Fort Hunter Liggett, United States Army Garrison, Family, Morale, Welfare, and Recreation, The United States Army Reserve, and their employees, agents, and volunteers that are connected in any way to my participation in this event.

With my signature below, I certify that I have read this document, and that I understand its contents.

Signature of Participant

(Or signature of parent/ legal gardian if Participant is under the age of 18)

Printed name of Participant

____/____/____

Date