

Tips for Tourists

Bicycling in Monterey County

Free online guide helpful for visitors or anyone who bikes here!

Compiled as a courtesy to visitors and others by a cyclist and Monterey County resident since 1981

- ✓ **Great reasons to bike in MoCo** (*it's not just about being an eco-tourist*)
- ✓ **Local bike shops, services, clubs, and resources** (*links and listings*)
- ✓ **Routes, maps, suggested rides** (*for various fitness levels and time frames*)
- ✓ **Bike-and-ride options** (*the bus—and other transportation—for cyclists and their bikes*)
- ✓ **Rental info** (*for beginning bikers to conditioned racers, and from infants to elders*)
- ✓ **Maintenance and repair shops** (*where to get help seven days a week*)
- ✓ **Personal safety** (*including sources for high-visibility apparel and accessories*)
- ✓ **Guided and self-led bike tours** (*including free audio re: closed historic sites*)
- ✓ **Bike valet parking, security, more** (*Questions? Mari Lynch, 831-375-6278*)

Also, for TOURISTS & LOCAL RESIDENTS:

HER Helmet Thursdays

Get a 10-50% discount for cycling on **Thursdays!** Why? Help sustain the environment and economy. Where? At H-E-R businesses and organizations throughout the county (list at BicyclingMonterey.com). H-E-R means what? H=Hotels, and other lodging; E=Entertainment venues and Educational attractions; R=Restaurants, and other food and beverage service. How? At H places, options include bringing your own bike or renting a bike for a day or longer from any Monterey County rental location. At E & R places, bike there; then walk in with your helmet in hand, and mention **HER Helmet Thursdays**.

BicyclingMonterey.com